

BIBLE EATER | A Plan for Feeding on Christ in The Whole Bible in One Year

God has not told us when or how often we should read the Scriptures. He just told us we need them in order to live: "Man does not live by bread alone but by every word that comes from the mouth of God" (Deuteronomy 8:3; Matthew 4:4). God's words are life to us because of the life that is available through faith in Jesus Christ, who says, "I am the bread of life. Whoever comes to me shall not hunger." (John 6:35).

In any given day, there are numerous meaningful demands on our time, including family, sleep, work, and relationships, to name a few. And there are plenty of much less meaningful distractions that steal our attention and deaden our spiritual senses. So, a plan for reading the Bible is a good idea. Here's how this one works:

OVERVIEW

- **Old Testament:** Read 2-3 chapters per day and take 4 days off per month, or use those days to catch up. Read 1-2 designated one-sitting Old Testament books in each 3-month period, indicated in blue. These books were chosen because they are the right length to keep the reading plan simple, but also because they can be helpfully read in a single sitting for the big picture.
- **New Testament:** Read 1 New Testament chapter per day, 5 days per week. Aim for 65 chapters for each 3-month block.

FEATURES

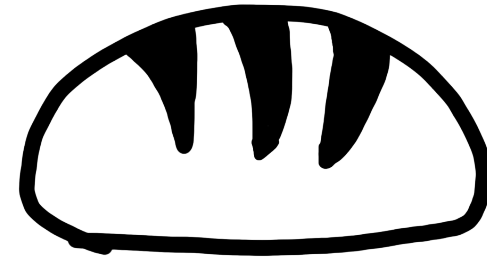
- 1) **Flexible 3-Month Block Format:** Readings are not assigned to calendar days, which can distract you from reading well with a reminder that you are behind, even by a few days. Instead, the reading falls along four 3-month blocks, allowing you to recalibrate several times during the year. While Old Testament books are assigned for each 3-month block, New Testament books can be read in any order (e.g. one gospel each quarter). Cross-off chapters as you read them and keep track of total chapters read for the New Testament as you go.
- 2) **Reading Both Testaments Together:** Since we read the Old Testament from the perspective of our New Testament position, it is good to read both together. However, many plans that do so assign two readings from each testament per day. This plan keeps it simple with one track in each testament at a time.
- 3) **Redemptive Historical Highlights:** Every chapter in the Bible is important since every word in the book is from God. But some chapters are more crucial for helping us understand the overall narrative of the Bible's salvation story. Red highlights indicate these kinds of chapters. Some contain promises of a prophet, a priest, a king, a new exodus, a new creation, etc. to come. Others show the need for this One in the unfolding drama of God's grace to a rebellion-wrecked, suicidal humanity. New Testament highlights show the fulfillment of these great expectations in Jesus Christ.

Enjoy this reading plan and let me know how it goes. I welcome feedback at trenthunter03@gmail.com.

Enjoying the Bread of Life with you,

Trent Hunter

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The Whole Bible in One Year

OLD TESTAMENT PROMISE

2-3 chapters per day, 4 days off per month | 1-2 one-sitting reads every 3 months | Read in 3 month blocks

January – March

January: 2 per day
Off: _____

February: 2 per day
Off: _____

March: 2 per day
Off: _____

PENTATEUCH: GEN 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 EXO 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 LEV 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 NUM 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 DEUT 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34

April – June

April: 2 per day
Off: _____

May: 3 per day
Off: _____

June: 2 per day
Off: _____

HISTORICAL BOOKS: JOSH 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 JUDG 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 RTH 1 2 3 4 1SAM 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 2SAM 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 1KGS 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 2KGS 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 1CH 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 2CH 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 EZR 1 2 3 4 5 6 7 8 9 10 NEH 1 2 3 4 5 6 7 8 9 10 11 12 13 EST 1 2 3 4 5 6 7 8 9 10

*at the conclusion of this three-month block, there are four chapters left

July – September

July: 2 per day
Off: _____

August: 3 per day
Off: _____

September: 2 per day
Off: _____

WISDOM: JOB 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 PSA 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70 71 72 73 74 75 76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100 101 102 103 104 105 106 107 108 109 110 111 112 113 114 115 116 117 118 119 120 121 122 123 124 125 126 127 128 129 130 131 132 133 134 135 136 137 138 139 140 141 142 143 144 145 146 147 148 149 150 PROV 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 ECCL 1 2 3 4 5 6 7 8 9 10 11 12 SOS 1 2 3 4 5 6 7 8

October – December

October: 2 per day
Off: _____

November: 3 per day
Off: _____

December: 2 per day
Off: _____

PROPHETS: ISA 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 JER 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 LAM 1 2 3 4 5 EZEK 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 DAN 1 2 3 4 5 6 7 8 9 10 11 12 HOS 1 2 3 4 5 6 7 8 9 10 11 12 13 14 JOEL 1 2 3 AMOS 1 2 3 4 5 6 7 8 9 OBAD 1 JNH 1 2 3 4 MIC 1 2 3 4 5 6 7 NAH 1 2 3 HAB 1 2 3 ZEP 1 2 3 HAG 1 2 ZEC 1 2 3 4 5 6 7 8 9 10 11 12 13 14 MAL 1 2 3 4

Number of Chapters Read

January – March:

April – June:

July – September:

October – December:

HISTORICAL BOOKS:

MT 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28

MK 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16

LK 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24

JN 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21

ACT 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28

LETTERS:

ROM 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16

1COR 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16

2COR 1 2 3 4 5 6 7 8 9 10 11 12 13

GAL 1 2 3 4 5 6

EPH 1 2 3 4 5 6

PHIL 1 2 3 4

COL 1 2 3 4

1TH 1 2 3 4 5 2TH 1 2 3

1TIM 1 2 3 4 5 6 2TIM 1 2 3 4

TIT 1 2 3

PHM 1

HEB 1 2 3 4 5 6 7 8 9 10 11 12 13

JAS 1 2 3 4 5

1PET 1 2 3 4 5 2PET 1 2 3

1JN 1 2 3 4 5 2JN 1 3JN 1

JUD 1

REV 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22



BIBLE EATER
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Red: Redemptive Historical Highlights
Blue: Books for a One-Sitting Read

NEW TESTAMENT FULFILLMENT
1 chapter per day, 5 days per week | 65 chapters every 3 months | Read books in any order